



Patient name: _____ Date: _____ Date of Birth: _____

Early Detection Leads to Prevention!

Cardiac and Vascular Health Questionnaire: (please circle "Yes" or "No")

- Are you a male over age 45 or female over age 55?..... Yes / No
- Do you have a family history of stroke or TIA?..... Yes / No
- Do you have family history of an Abdominal Aortic Aneurysm?..... Yes / No
- Do you have high blood pressure or take blood pressure medication?..... Yes / No
- Do you have high cholesterol or triglycerides?..... Yes / No
- Has anyone in your immediate family (father, mother, sister, brother, grandparents, aunts or uncles (blood relatives) been diagnosed with cardiovascular disease?..... Yes / No
- When you stand up do you ever feel light headed or dizzy?..... Yes / No
- Do you ever feel vertigo?..... Yes / No
- Have you ever been diagnosed with a heart murmur?..... Yes / No
- Do you ever experience chest pain or chest tightness?..... Yes / No
- Do you have heart palpitations or heart "flutters"?..... Yes / No
- Have you ever been diagnosed with any type of heart ailment, heart disease or cardiovascular disease?..... Yes / No
- Do you have diabetes?..... Yes / No
- Are you a current or former smoker?..... Yes / No
- Have you had a stroke/ mini-stroke/ TIA?..... Yes / No
- Do you experience migraines or periodic headaches?..... Yes / No
- Have you ever had a sudden loss of vision in one eye, usually lasting only seconds?..... Yes / No
- Do you have varicose veins?..... Yes / No
- Have you had swollen legs or feet in the past year?..... Yes / No
- Have you had leg pain in the past year?..... Yes / No
- Do your feet or toes bother you at night while lying in bed?..... Yes / No
- When walking or exercising do you get leg pain, tingling, or cramping?..... Yes / No
- Do you have or easily get cold hands or feet?..... Yes / No